



SECTION 11: CARE OF THE CHILD WITH DIABETES

11.1 Type 1 Diabetes Mellitus

11.1.1 Type 1 Diabetes Mellitus Education for Child and Parent

Objective

The patient (if over 10 years) and the parents will demonstrate basic knowledge and understanding of the management of insulin dependent diabetes prior to discharge.

Key points

1. Education will commence within twenty-four hours after diagnosis
2. The readiness of the parent/s to commence education will be assessed, and paced to allowing time to grieve.
3. All education will be age appropriate for the patient. It is recommended the patient attend the education if >10years old (assessed on an individual basis)
4. If the child /adolescent's admission extends over a weekend, ward based Diabetes Resource Nurses will commence and continue diabetes education as appropriate.

Required skills and knowledge

1. Under the supervision of nursing staff, the child / adolescent and parents will gain skills in the following areas:
 - blood glucose monitoring
 - ketone testing (urine and blood)
 - preparation and administration of insulin injections
 - hypoglycaemia
2. By discharge those parents/carers involved in the child's care will:
 - have safely and competently administered a minimum of two insulin injections
 - demonstrate accurate and safe use of a blood glucose meter
 - demonstrate the ability to accurately test for urinary and blood ketones
 - understand the basic principles of dietary management
 - be able to recognise hypoglycaemia and implement treatment.

Type 1 Diabetes Mellitus Education for Child and Parent


Related policy, procedures and guidelines.

[PNPM 11.02 Ketone Testing](#)

[PNPM 2.5.5](#) Subcutaneous Injections

Useful resources.

[Australasian Paediatric Endocrine Group. \(APEG\)](#) National evidence based clinical guidelines for type 1 diabetes in children, adolescents and adults

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